

*Saint Paul United Methodist Church*

# ST. PAUL'S PAGES

**OCTOBER 2010**

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*St. Paul United Methodist Church  
Christiansburg, Virginia*

*H. W. [Signature]*



Open hearts. Open minds. Open doors.

**The people of The United Methodist Church®**

Saint Paul United Methodist Church

# ST. PAUL'S PAGES

OCTOBER 2010

## *From the Pastor's Study*

As I sit down to write these words I am reminded that summer is supposed to be officially over. At least that's what the calendar is telling me but, it doesn't feel that way outside. We are still having some days when the temperature is getting into the upper eighties and approaching ninety! Fall is my favorite time of year and I am ready for it to start feeling like fall outside!

One of the things that happens in the local church during the fall months is the identification and recruitment of people to serve as church officers and to serve on committees. Our Committee on Nominations and Leadership Development has been at work for a few weeks now addressing our need for officers and committees. I am pleased by the responses that we have received so far yet, there is still some work to be done. And, I see that there are so many ways that the members and friends of St. Paul can plug-in to the ministries and programs of the church.

In addition to filling the usual things like membership on Finance and the Administrative Board, we could still use volunteers to participate in the music ministries of the church. I know Chris White would be thrilled to hear from you! Also, it would be wonderful to have more people willing to serve as liturgists and to lead the Children's Time during worship. We can provide training and materials for these things. We can offer lots of encouragement, too! If you are interested or if you have questions about the possibility of serving on a committee, participating as a liturgist or helping with



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the Children's Time please call the church office, or see me or our Lay Leader, Melodee Wade.

I believe that the Holy Spirit has given our congregation the talents and spiritual gifts necessary for us to be the church that God is calling us to be at this time. My prayer is that we will seek God's guidance to be what God would have us to be and that we would discover as well as celebrate the spiritual gifts that have been given to us. We are a gifted community of faith! Thanks be to God!

It is a privilege to be in ministry with you,

Pastor Michael (Ephesians 2:19-22)

### ***Youth Mission Projects***

Mission Projects: In September we gleaned for turnips on the Greear farm in Riner, on Sunday, Sept. 26, to benefit the St. Andrews Society. We had a good time while helping those in need. October's project will be working with the Cub Scouts on Trunk or Treat (October 24) to make Halloween fun for all of our young friends!

Parents, If you have not filled out the youth permission forms, please to to the Youth webpage at [www.stpaulvaumc.org](http://www.stpaulvaumc.org), download those, and get them turned in this week. Thanks!

Questions? Contact Karen Poff at [kpoff57@jetbroadband.com](mailto:kpoff57@jetbroadband.com) or 382-2887.

See you in the youth lounge!

### ***October Birthdays***

Reba Ellen Worrell—2  
 Kathy Nester—2  
 Ken Farrar—2  
 Edi Bravo—3  
 Sally Ayres—3  
 Joel Buhyoff—3  
 Donna King—3  
 Ruth Shelor—5  
 Brody Blount—7  
 Doris Nixon—7  
 Billie Jean Hill—8  
 Chelsea Sheppard—10  
 Janet Shelburne—12  
 Ann Rhudy—14  
 Sandra Ridinger— 15  
 Bettie Moran—18  
 George Rust III—19  
 Randy Gardner—Oct 21  
 Terry Mitchell—Oct. 22  
 Mindi Duncan—22  
 Randy Sherman—22  
 Carrie Cozart—23  
 Harvey Sowers—24  
 Dorothy Meredith—25  
 Harold Linkous—25  
 Mary Whitescarver—27  
 Patrick Cox—27  
 Mike Byrd—27  
 Ed Sherman—27  
 Carol Campbell—29  
 Charlotte Blanchard—30



### *Blessing of the Animals*

"MARK YOUR CALENDARS for OCTOBER 3 for St. Thomas Episcopal Church's annual BLESSING OF THE ANIMALS to honor St. Francis of Assisi. The Blessing will take place at 4 p.m., rain or shine, at the Yearwood farm in Ellett Valley. All are invited, with or without pets! There will be some farm animals present for all to enjoy. We will share a potluck meal together following the blessing. Hamburgers and drinks will be provided. This is primarily a youth event but anyone from the congregation is welcome to join us. Those attending from St. Paul is asked to please bring a package of buns to share. The church bus will leave at 3:30. If you wish to bring an animal on the bus, it must be caged. Snakes will be blessed, but they will not receive the laying on of hands! Please RSVP to Jennifer Cooper at [publicity@stpaulvumc.org](mailto:publicity@stpaulvumc.org). Plan to come take part in this wonderful and unique event!"

### *Communion Offering*

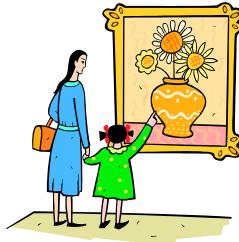
Where does your Communion Offering go? During the month of August we gave \$1,176 to 36 families in the Christiansburg area. This has helped these families keep their electric on, food on their table, a place to live and in other ways where there is need. Your special

The logo for St. Paul UMC features the text "St Paul UMC" in a blue, sans-serif font. The letter "t" in "St" is stylized with a red crossbar.

Our new website has been launched!! Check it out at St. Paul UMC. Many thanks to Ryan Clark for his hard work in making it 'radically hospitable!'

### *Upcoming Trip*

Montgomery Museum and Lewis Miller Regional Art Center is inviting you to join them for a day trip to Richmond to visit the Tenth Annual fine Arts and Flowers Exhibition at the Virginia Museum of Fine Arts on October 15, 2010. There will be 73 floral exhibitions, with 40 Federation of Garden Clubs Exhibitions, lecture by Rene' Van Rems on "The Art of European Flower Design", a Jewelry Fair and sale by sixteen artisans. Bring your camera, best friend/spouse, garden club group and come spend the day with us on this fun filled trip. Applications are available in the Church Office. Abbott Bus Lines is providing transportation and there are limited seats. Register now!



### *Scouting News*

#### CAMP FIRE PIT COMPLETED!

Many thanks to the Pack leaders who helped construct this safe and sturdy fire pit for many camp fires! Cub Scouts of Pack 145 would like to express its appreciation to the United Methodist Men for their support and donations to make this project possible!

### *Certified Lay Speaking Opportunities*

Are you interested in becoming a Certified Lay Speaker? Mark your calendar now for the District Lay Speaking Event being held Oct 15-16 at Southview UMC in Roanoke. Forms will be posted on the bulletin board or available on the Roanoke district website at [www.roanokeumc.org](http://www.roanokeumc.org)

## *Youth Yack*

Wonderful Wednesdays: Come to the yummy potluck dinner at 6:15 and afterwards hang out with your friends in the youth lounge from 7-8 pm doing homework, playing games, and forming friendships. There will be a short devotional as well.

Sundays: St. Paul Youth will meet on Sundays from 4:30 - 6:00 pm in the church youth lounge. All youth grades 6-12 welcome. Invite a friend!!

St. Thomas Episcopal Church's annual BLESSING OF THE ANIMALS to honor St. Francis of Assisi. The Blessing will take place at October 3 at 4 p.m., rain or shine, at the Yearwood farm in Ellett Valley. All are invited, with or without pets! There will be some farm animals present for all to enjoy and Rev. Spiegel will tell us about blessings and saints in the Episcopal church. We will share a potluck meal together following the blessing. Those attending from St. Paul are asked to please bring a package of hamburger buns to share. The church bus will leave at 3:30. If you wish to bring an animal on the bus, it must be caged. Snakes will be blessed, but they will not receive the laying on of hands! Please RSVP to Jennifer Cooper at [publicity@stpaulvaumc.org](mailto:publicity@stpaulvaumc.org). Plan to come take part in this wonderful and unique event!

Next social: Mini-golf at Cox's in Blacksburg on Sunday, October 10. We will take the bus.

## *Wednesday Evening Opportunities*



Don't miss this opportunity for mid-week food, fellowship, and fun with our Wednesday night dinners at 6:15, either pot-luck (first Wednesdays) or by donation. Then move into spiritual growth mode with Faith Finders for the children to learn how to apply Biblical principles to their lives, friendship-building for the teens in the Youth lounge, and enriching programs for adults. All programs are now scheduled for 7:00 - 7:45.

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## *Who Are We – Who We Are!*

I thought recently of how to describe what it is that we do as a church, a congregation, a church family and I came up with these thoughts as a description, as a way of picturing who we are and may even, what we do! So here go

### Our Vision

We are the people of God, empowering others in our community and world to live fully and faithfully in a changing world in the name of Jesus Christ.

### Our Values

We, as a community of faith, hope and love...(act on these things)

Expect and act on the Spirit's leading  
Center ourselves in prayer  
Study for learning and biblical understanding  
Recognize the God given gifts in each other  
Offer our gifts in service to others  
Seek to be a haven in a changing world  
Welcome the stranger to our faith community  
Encourage discussion in the midst of differences  
Seek courage to do justice  
Practice joyful giving  
Live with integrity and respect of others  
Honor Christ in our lifestyle

Now, I would think this is a good way to describe us and also to describe the community of faith around us! For as Christians, our call and responsibility is to witness to our faith in God, our hope for life, and our love both for God and for other persons. Maybe, just maybe, this is a good way to view life in general and our life of faith in particular.

Doug,  
Minister of Discipleship Care

### *Cub Scout PACK 145 Report*

Word-of-mouth, last year's success and the great cooperative effort with St. Paul has produced the highest recruitment that Pack 145 has ever experienced!

Pack 145 enrollment is now at 86 Cub Scouts! And, what does Pack 145 have planned for October?

All the dens begin meeting

The district Spookoree will be held on October 2<sup>nd</sup> at Radford's Bissett Park.

Cub Scouts will be crafting decorations for Trunk-or-Treat

The Pack will be participating in the October 24<sup>th</sup> Carnival.

*Poptober* is a full month of Trail-End Popcorn selling! (Contact us if you want to order some!)



### *Christian Education: The Gift that Lasts a Lifetime*

Fall is the right time for Christian Education. Your Education Committee has been working hard to develop effective teaching and learning ministry through:

- Pursuit of excellence in Christian Education
- Creating "eventful education" for the spiritual growth of our children and youth; and
- Use of a variety of small groups to develop Christian disciples.



Effective Christian education involves a partnership between the laity and the clergy as both are informed and shaped through appropriate training, resourcing, and learning experiences. We hope you will carefully peruse the enclosed brochure to find a Christian Education opportunity that is right for YOU! If you have comments or questions about Christian Education at St. Paul, please contact Lee Cooper at 381-5854 or [education@stpaulvaumc.org](mailto:education@stpaulvaumc.org)

### *Life Line Screening*

St Paul United Methodist church will host a preventive health screening event on Friday, November 29, 2010 for residents in and around the community. Life Line Screening will perform screenings for:

1. Carotid artery blockage (stroke)
2. Atrial fibrillation
3. Abdominal aortic aneurysm
4. Peripheral arterial disease
5. Osteoporosis (bone loss)

These screenings are recommended for anyone 50 and older, or 40 and over with cardiovascular risk factors. They are non-invasive, painless, and take 60-90 minutes to complete. The results, which are mailed directly to you, will help you and your doctor protect your health. Stroke, Vascular and Heart Rhythm Package for \$139.00. Call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners) to schedule your appointment.

### *Rent-a-Youth is Back!*

Baby-sitting, yard work, light painting, furniture moving, cleaning, and a NEW service based on popular demand... technical support! If you have these needs or others that you feel our youth could assist you with, please contact Jennifer Cooper at [publicity@stpaulvaumc.org](mailto:publicity@stpaulvaumc.org) or 381-5854 with your request. You will be matched with a youth of your choice, or with a youth who has indicated s/he can perform the type of work you require. We will not be having a specific day for Rent-a-Youth but rather allow the servers and the served to coordinate mutually convenient times. This has been one of our most successful youth programs at St. Paul. The youth engage in mission work, members receive valuable services, money is raised for youth activities, and most importantly relationships are formed between our youth and adult church members whom they might not otherwise know. Everyone wins!

## *The Southern Ten Commandments*

(or rules of the road of life for Southern Christians)

Just recently someone sent me these “Ten Commandments,” as a way for me to “get my act together.” And so, as I struggle to find my way on the road of life, I thought these “Ten” might be of help to you. And as a southern, I also thought you would appreciate the serious humor found in these “Ten.”

Some people have trouble with all those ‘shall’s’ and ‘shall not’s’ in the Ten Commandments. Folks just aren’t use to talking in those terms.

So, in middle Tennessee they translated the ‘King James’ into ‘Jackson County’ language...no joke (posted on the wall at Cross Trails Church in Gainesboro, Tennessee). (So Here Goes!)

1. Just One God
2. Put nothin’ before God
3. Watch yer mouth
4. Git yourself to Sunday meetin’
5. Honor yer Ma & Pa
6. No killin’
7. No follin’ around with another feller’s gal
8. Don’t take what ain’t yers
9. No tellin’ tales or gossipin’
10. Don’t be hankerin’ for yer buddy’s stuff

Now, I don’t know about you, but it pretty clear what they mean, and I might add, it does get the point across. I hope you get something out of this and that you can appreciate the fact that we are all at a different point I how we describe our faith; and that in all honesty, we are all in the same boat!

Ole Doug,

Minister of Pie, Cake, Ice Cream (and fried chicken)!

## *St. Paul Fall Carnival and Halloween Trunk-or-Treat*

Sunday, October 24, 2010

St. Paul Activity Building and Parking Lot

The St. Paul Youth Groups will be collaborating with Pack 145 for a fun filled carnival and trunk-or-treat for our church kids and Cub Scouts.

Children, 5th grader and younger, are invited to come dressed in costume to the St. Paul Activity Building for games to win tickets redeemable for prizes.

As dusk falls, there will be a costume parade to the trunk-or-treat area!

This is where the big kids can participate! Church members and friends are encouraged to decorate their trunks, hatchbacks, cargo bed, etc. and dispense treats. A panel of top-secret judges will select the best decorated trunk for an award!

6:00 PM – Carnival Opens

6:30 PM – All Trunks need to arrive for set-up

7:00 PM - Costume Parade (approximate start)

Trunk-or-Treat Open

7:30 PM – Prize Station Opens (for exchanging of tickets)

8:00 PM – Trunk-or-Treat Closes

Announcement of Trunk Winner

If any questions, call 381-1077 or check-out [www.CubPack145.com](http://www.CubPack145.com) (after 10/17/10)

**Show off your Trunks!**



## *Tutoring Ministry*

It's a new school year at Christiansburg Middle School, and you are invited to be a part of it... That's right! You can become a vital part of our successful St. Paul tutoring team, formed two years ago in partnership with this school where all children are valued, all children are taught, and the caring faculty/staff want the best for the children.

One very positive way to affect students is by volunteers giving one hour each week to help students with their work. There is no better way to teach a child than to have one to one assistance. Every class has a few children who would benefit from this extra help. It may be reviewing for a spelling test. It may be going over math facts or helping children to correct their test papers. It could be just listening to a child read to you. If you can read this, you are qualified!

Times and days are flexible. Each tutor will be assigned to specific student(s) and all work will be prepared, so tutors only have to come with a love for children to find a very rewarding experience each week. It is vital to have our volunteers for at least one semester, so that true progress may be seen. Giving us a school year would be really great!

The stated goal of St. Paul's tutoring ministry is to send to the school volunteers who will give of their time in helping students improve their academic skills. On a deeper level, though, the ministry exists to enrich the lives of children at that school through interaction with loving, supportive adults.

Details are still being finalized, with tutoring sessions set to begin around the first of October. Is God calling you to just one hour per week in this important ministry? Contact Karen Poff at 382-2887 or [kpoff57@jetbroadband.com](mailto:kpoff57@jetbroadband.com) for more information or to join the tutoring team.

*With a commitment to this ministry, and God's help,  
we will make a difference – one child at a time.*



## *Six Ways to Help Your Pastor Help Your Church*

1. Let him know of spiritual needs. When sickness or death strikes, the pastor may not hear of it until it's too late — unless some thoughtful person lets him know.
2. Attend worship consistently. This will encourage him greatly in his work.
3. Carry your share of the church load. A minister who has to push everything soon becomes weary. Take some initiative yourself in performing your duties in the church.
4. Inform your pastor of new people in town or on your block. Every pastor wants to visit new people, but unless you keep him posted about newcomers, he may miss them.
5. Share the visitation. No minister can make all the calls that need to be made.
6. Be his friend. A pastor is also human. Your friendship will be a big encouragement to him in the Lord's work.



## *Children's Time*

We need your help! On Sunday mornings, Children's Time is a special time in our worship services. Volunteers are needed to help with themes and stories during this time. There are resources in the church office as well as other places if you request. Sign up sheets are at both entrances to the sanctuary or you may call the church office.

